

**DEPARTMENT OF THE ARMY**  
Dental Detachment, U. S. Army Dental Activity  
Fort Huachuca, Arizona 85613-7040

DSBJ-CO

1 October 1998

MEMORANDUM FOR All U.S. Army Dental Activity Military Personnel

SUBJECT: Policy Letter 99-04, Physical Fitness Prerequisites for Army School Attendance

1. REFERENCES:

- a. AR 600-9, Army Weight Control Program
- b. FM 21-20, Physical Fitness Training

2. SCOPE: This policy applies to all military personnel assigned or attached to the Fort Huachuca Dental Activity.

3. POLICY:

- a. All eligible soldiers and NCO's must successfully complete one diagnostic APFT 90 days prior to final selection for any army school requiring a 'for record' Army Physical Fitness Test (APFT) during school (i.e...ANCOC, BNCOC, PLDC, etc.).

- b. If a soldier fails to attain a score of 70 points on each event during the diagnostic APFT, he or she will be immediately enrolled in the Special Population Physical Training (PT) Program. This is to ensure physical fitness does not hinder the soldier's successful completion of the school. The soldier will again be diagnostically tested 30 days prior to the start date of the school, with the following criteria:

- (1) Soldier scores more than 70 points in each event, they will no longer be required to attend the special population PT program.

- (2) Soldier scores between 60-69 points in each event, they will continue to attend the special population PT program.

- (3) Soldier scores less than 60 points in each event, they will be disqualified from attending school until they can successfully pass the APFT.

DSBJ-CO

SUBJECT: U.S. Army Dental Activity (DENTAC) Policy Letter 99-04, Physical Fitness  
Prerequisites for Army School Attendance

c. Soldiers or NCO's will be weighed at all diagnostic APFT's. Those soldiers or NCO's who are over the weight standards, and who do not pass the body fat test, will be disqualified from school attendance until they are in accordance prescribed weight standards.

d. School APFT's will be conducted at Barnes Field House only.

5. Point of contact for this matter is the 1SG at 533-3145 / 3144.

//Original Signed By//

WILLIAM F. BOHL  
1LT, MS  
Commanding